

Welcome to the Healthy Cities Challenge

Join your Bupa family and friends as we try to reach 1 billion steps, including movement converted into steps, in September.

As part of Healthy Cities, we're unlocking \$1m for our partners to use for tree planting across APAC. This will help regenerate nature and make our cities healthier.

Joining is simple. Download the Healthy Cities app from Google Play or the App Store and sign up.



When prompted to join a team, select:

- 1 - Australia
- 2 - Family and Friends
- 3 - Choose your state

